In brief, the eight points of the Atlantic Conference were:

1. no territorial gains sought by the United States or the United Kingdom;
2. territorial adjustments must be in accord with wishes of the peoples concerned;
3. the right to self-determination of peoples;
4. trade barriers lowered;
5. global economic cooperation and advancement of social welfare;
6. freedom from want and fear;
7. freedom of the seas;
8. disarmament of aggressor nations, postwar common disarmament.